

OCTOBER 09

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	[Event information]			01	02	03
04	Week 6 Thanksgiving Food & Coat Drive	05	06	07	08	09
11		12	13	14	15	16
		Happy Thanksgiving! No Gymnastics!				17
18	Motorcycle Week	19	20	21	22	23
						24
25	Halloween Party!	26	27	28	29	30
						31

ACTIVITY DETAILS

Week 6	October 4-10	Thanksgiving Food & Coat Drive	Bring Non-Perishable food, or unused coats, hats etc	<ul style="list-style-type: none"> • Performance profile • Work on badges • Work on mastering current skills
Week 7	October 11-17			<ul style="list-style-type: none"> • Review everything we have learned so far • Wrap up current badge is possible • No gymnastics Mon., Oct. 12th
Week 8	October 18-24	Motorcycle Week		<ul style="list-style-type: none"> • Practice proper landings in all areas of the gym
Week 9	October 25-31	Halloween Party	Wear costume to class—if not safe for gymnastics wear clothes under costume	<ul style="list-style-type: none"> • Games, Halloween treats, and stickers

NOVEMBER 09

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAURDAY
01 Week 10 Parent Viewing Week Form Week	02 [Event information]	03	04	05	06	07
08 Week 11 PJ Week	09	10	11 Remembrance Day	12	13	14
15 Week 12 Performance Profile	16	17	18	19	20	21
22 Week 13 Jersey/Sport Shirt Week	23	24	25	26	27	28
29 See December's schedule	30	31				

ACTIVITY DETAILS

Week 10 November 1-7	Parent Viewing Week Form Week	Come watch your child's regular gymnastics class...ALL ARE WELCOME! Work on improving form	<ul style="list-style-type: none"> Tight body exercises Repetitions Definition of form Stations FEEDBACK
Week 11 November 8-14	Pyjama Week	Wear pjs to class	<ul style="list-style-type: none"> Check our comfort levels Talk about our progress on our goals Chart Made "_____ is most proud of."
Week 12 November 15-21	Performance Profile	Check physical strength/flex./cardio improvements	<ul style="list-style-type: none"> Show move you are most proud of Partner teaching
Week 13 November 22-28	Jersey/Sport shirt Week	Wear favorite team/sport/activity shirt	<ul style="list-style-type: none"> Review goal sheets Session 2 Pre-Registration Gift Certificates available

DECEMBER 09

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 14 Teddy Bear Drive	[Event information]	01	02	03	04 Santa Claus Parade and Refreshments	05
05 Week 15 Christmas Party End of Session 1	06	07	08	09	10	11
12 Christmas Break...	13	14	15	16	17	18
19	20	21	22	23	24 Christmas Eve	25 CHRISTMAS DAY
26 Boxing Day	27	28	29	30	31 New Year's Eve	

ACTIVITY DETAILS

Week 14 November 30-Dec. 5	Teddy Bear Drive	Bring new or used stuffed animal or toy to donate to needy families during this holiday season	<ul style="list-style-type: none"> All over review and games FRIDAY NOV. 5 SANTA CLAUSE PARADE MEET AT TOWN HALL AT 6:30 – REFRESHMENTS FOLLOWING
Week 15 December 6-12	Christmas Party! End of Session One	wear green and red	<ul style="list-style-type: none"> Holiday music Gymn. Games and open gym Christmas treats and stickers